

A quarterly newsletter from the Northern California Laborers' Training Center



TRAINING NEWS

ISSUE NO. 72 | WINTER 2010

COMMITMENT

INTEGRITY

QUALITY

TEAMWORK

BALANCE



**Laborers performing concrete work on Interstate 80 near
Donner Lake in Truckee, CA.**

**Los Obreros realizan trabajo de concreto en la Carretera
Interestatal 80 cerca de Donner Lake en Truckee, CA.**

Our Mission

The Laborers' Training Center provides Union Laborers comprehensive quality training emphasizing safety, skills and knowledge to increase their marketability and value to themselves, the Signatory Contractors and the Construction Industry.



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Osby Davis, Mayor of Vallejo speaks to the Construction Career Awareness Day participants at Kiewit Pacific's Yard in Vallejo, CA.

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THE LABORERS' TRAINING IN ACTION

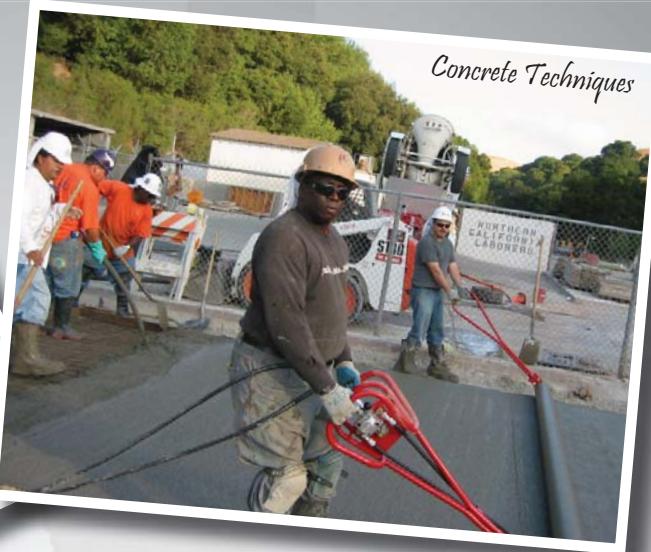
Instructor Supervisor - Jerome Williams



Lead Abatement Training



Concrete Techniques



Mine & Tunnel Training



T-Lock Training



Asphalt Paving Techniques



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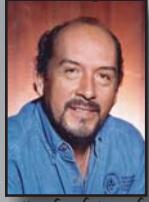
THE LABORERS' TRAINING IN ACTION

(Continued)

Instructors



Alfredo Argandona



Rafael Cerdá



Frank Corona



Tim Dodson



Juan Gutierrez

Instructors



Ollie Hurd



Brandon Jordan



David Petrosky



Nathan Whittom

Pipe-Laying Techniques



Shotcrete Techniques



Equipment Training



Oxy Torch Cutting
and Burning



Skids-Steer Loader Certification



Pipe-Laying Techniques



Apprenticeship Report from the Mountains and the Coast

Informe de Aprendizaje de las Montañas y la Costa

By: Director of Apprenticeship - Jeff Armstrong



Apprentice Francisco Gomez (Center) working on the Heavy Highway I-80 Truckee project.

This is part 2 of a 2-part series that focuses on the contributions apprentices are making in the northern part of California.

Esta es la segunda parte de una serie de dos artículos que se enfocan en las contribuciones que los aprendices están haciendo al Norte de California.



In the last edition of the Training News, we spent a little time catching up with some apprentices who were working in the northern part of the Sacramento Valley. In this issue, we'll turn our attention east toward the mountains and west toward the coast.

After decades of supporting over a million cars and trucks through summer heat and winter snow, it was time to improve the

stretch of Interstate 80 that winds through the Sierra Nevada Mountains. From the city of Colfax to the Nevada border, crews have been busy renovating this vital interstate that links Northern California with its neighbors to the east. One of the Laborers gaining valuable experience on this project is Apprentice Francisco Gomez.

Francisco came to us after spending some time in both the sheet metal and tile businesses. "I kept hearing good stories about how the Laborers took care of their members, so I decided to become a Laborer," Francisco told me. To learn more about the type of tools and equipment Laborers use, he enrolled in a pre-apprenticeship program and after successfully completing it in April of this year, he was selected to join our program and was indentured in May.

Shortly after completing the three-week initial apprenticeship class, Francisco found himself working for Teichert Construction near Donner Lake installing silk fences to prevent erosion, pouring concrete and performing traffic control. "The training I received at the West Sacramento Training Center gave me the boost I needed and everything I learned there I put into use on the job," Francisco said.

Another apprentice Laborer who found himself in the mountains making improvements to I 80 is Matt Mantegani. Matt has been working for R&L Brosamer since late April often for more than 50 hours a week. Matt has been gaining experience driving gradalls and do-

En la última edición de "Training News", pasamos un poco de tiempo poniéndonos al día con algunos de los aprendices quienes estaban trabajando en la parte norte del valle de Sacramento. En esta edición, vamos a dirigir nuestra atención al este hacia las montañas y al oeste hacia la costa.

Después de décadas de soportar a más de un millón de coches y camiones a través del calor del verano y nieve en el invierno, era el momento para mejorar el tramo de la carretera interestatal 80 que zigzaguea por las montañas de La Sierra Nevada. Desde la ciudad de Colfax hasta la frontera con Nevada, varios equipos han estado ocupados remodelando esta vital carretera interestatal que une el norte de California con sus vecinos del este. Uno de los aprendices de Obrero quien está obteniendo una experiencia valiosa en este proyecto es el Aprendiz Francisco Gómez.

Francisco llegó a nosotros después de pasar algún tiempo trabajando en el negocio de moldeadura de hoja de metal y azulejo. "Yo escuchaba buenas historias acerca de cómo la Unión de Obreros se hace cargo de sus miembros, así que decidí convertirme en un Obrero," me dijo Francisco. Para obtener más información sobre el tipo de herramientas y equipos que utilizan los Obreros, se inscribió en un programa de pre-aprendizaje y tras completar el programa con éxito en abril de este año, fue seleccionado para unirse a nuestro programa y fue contratado en mayo.

Poco después de terminar las tres semanas de clases de aprendizaje inicial, Francisco se encontró trabajando para Teichert Construction cerca del Lago Donner instalando cercas de seda para evitar la erosión, vertiendo concreto y llevando a cabo el control de tráfico. "El entrenamiento que recibí en el Centro de Capacitación de West Sacramento, me dio el impulso que necesitaba y todo lo que ahí aprendí he puesto en práctica en el trabajo", dijo Francisco.

Otro aprendiz de Obrero que se encuentra en las montañas formando parte del mejoramiento a la carretera interestatal 80 es Matt Mantegani. Matt ha estado trabajando para R & L Brosamer desde finales de abril y a menudo trabaja más de 50 horas a la semana. Matt ha estado obteniendo experiencia en la conduc-

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Apprenticeship Report from the Mountains and the Coast

Informe de Aprendizaje de las Montañas y la Costa

(Continued)

ing epoxy and concrete reinforcement work as the concrete portions of the freeway receive the improvements they need. "I like the work and the experience. I also like learning from the journeymen because they know what they're talking about," Matt said.



**Apprentice
Seth Williams**

time now, and it's nice being out here," said Seth. When asked about the training he received before being dispatched, Seth praised his former instructor Ollie Hurd. "Ollie told us how important safety is and prepared me to be a safe worker which is good because this job is all about safety."

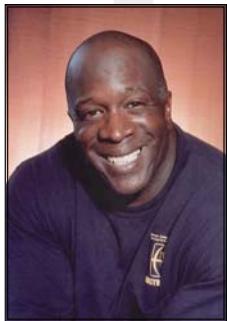
A commitment to safety paired with a good attitude and a willingness to learn are a few of the hallmarks of today's apprentice Laborer. Thanks to our talented instructors, the importance of each is instilled into each one of them from day one. The apprenticeship department would like to extend its thanks to each one of these apprentices featured here and to all who are keeping the bar high and their employers happy.

On the other side of the state in the city of Eureka, the Humboldt Bay Power Plant is getting a new state of the art generation facility which will transform the plant into a 163 megawatt facility. Working on this project for Haskell Corporation is Apprentice Seth Williams. As Seth's first job as an apprentice Laborer he committed himself to doing the best he could. He is currently part of a concrete crew and is receiving high marks from his co-workers. "I've wanted to get into the construction industry for some



**Apprentice
Matt Mantegani**

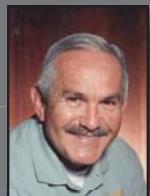
da instalación de generación que va a transformar la planta en una instalación de 163 megavatios. Trabajando en este proyecto para Haskell Corporation está el Aprendiz Seth Williams. Al ser el primer trabajo de Seth como aprendiz de Obrero, él se comprometió a dar su máximo esfuerzo. Actualmente es parte de un equipo de concreto y está recibiendo altas calificaciones de sus compañeros de trabajo. "Yo quería entrar en la industria de la construcción desde hace algún tiempo, y es agradable estar aquí", dijo Seth. Cuando se le preguntó acerca del entrenamiento que recibió antes de ser enviado a este trabajo, Seth elogió a su instructor Ollie Hurd. "Ollie nos dijo que la seguridad es muy importante y me preparó para ser un trabajador conciente de la seguridad lo cual es bueno porque este trabajo tiene que ver todo con la seguridad".



**Instructor
Ollie Hurd**

Un compromiso con la seguridad emparejado con una buena actitud y la voluntad de aprender son algunas de las características del aprendiz de Obrero de hoy en día. Gracias a nuestros talentosos instructores, la importancia de cada una de estas características es inculcada en cada uno de los aprendices desde el primer día. El departamento de aprendizaje desea expresar su agradecimiento a cada uno de los aprendices mencionados en este artículo y a todos los que están manteniendo un nivel de excelencia en el trabajo y al mismo tiempo manteniendo a las empresas satisfechas con su desempeño.

Apprenticeship Field Coordinators



Manny Carrillo



Dave Darling



Victor Dillon



Lou Nuñez

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In Memoriam



Valerie Shiderler-Eterovich

Field Coordinator



On October 1, 2009, we lost a member of our family here at the Laborers Training Center. Since 2003, Valerie Shiderler-Eterovich served as the North Bay/North Coast Field Coordinator for the Laborers Apprenticeship Program. During Valerie's time at the Laborers Training Center, she worked tirelessly to ensure that her Apprentices got the attention they needed and deserved. You could tell how much they appreciated her by listening to all of her former apprentices publicly thank her at the graduation ceremonies. She was a truly special person who enjoyed life and absolutely loved her job. She was a friend to all and she will be sorely missed.



Northern California Laborers' Local Union Offices

Oficinas de la Unión Local de Obreros del Norte de California

Local 67 : Asbestos, Lead & Mold, and HAZ-MAT Laborers'
Business Manager : Victor Parra

7:00am – 5:00pm : (510) 569-4761

8400 Enterprise Way #119 : Oakland, CA 94621

Branch Office : 7:00am – 5:00pm

2717 Cottage Way #12 : Sacramento, CA 95825 : (916) 482-2607

Local 73 : General Laborers' & Hod Carriers

Business Manager / Secretary Treasurer : Ray Recinos

6:30am – 5:00pm : (209) 466-3356

3984 Cherokee Road : Stockton, CA 95215

Local 139 : Hod Carriers & Construction Laborers'

Business Manager / Secretary – Treasurer : David E. George

6:30am – 5:00pm : (707) 542-1107

81 Barham Avenue : Santa Rosa, CA 95407

Mailing Address: P.O. Box 5438 : Santa Rosa, CA 95402

Local 166 : Hod Carriers

Business Manager / Secretary – Treasurer : Samuel Robinson

7:00am – 9:00am : (510) 568-0141

8400 Enterprise Way Room 109 : Oakland, CA 94621

Local 185 : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Doyle S. Radford

Office Hours: 6:30am – 4:30pm : (916) 928-8300

1320 National Drive : Sacramento, CA 95834

Branch Offices : 6:30am – 3:30pm

2865 Churn Creek Rd., D : Redding, CA 96049 : (530) 221-0961

1650 Sierra Ave., #206 : Yuba City, CA 95993 : (530) 674-4707

Local 261 : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Ramon Hernandez

6:30am – 4:30pm : (415) 826-4550

3271 – 18th Street : San Francisco, CA 94110

Local 270 : Hod Carriers, General Laborers'

Business Manager : James Homer

6:30am – 5:00pm : (408) 297-2620

509 Emory Street : San Jose, CA 95110

Branch Office : 6:30am – 5:00pm

640 Eaton Street : Santa Cruz, Ca 95062 : (831) 475-7058

Local 291 : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Harry C. Harris

6:30am – 5:00pm : (415) 492-0936

4174 Redwood Highway : San Rafael, CA 94903

Local 294 : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Bruce Rust

7:00am – 5:00pm : (559) 255-3019

5431 East Hedges : Fresno, CA 93727

Branch Office : 7:00am – 9:00am

319 N. Church Street : Visalia, CA 93277 : (559) 734-9426

Local 297 : Laborers' & Hod Carriers

Business Manager / Secretary – Treasurer : Gary A. Alameda

7:00am – 5:00pm : (831) 422-7077

117 Pajaro Street : Salinas, CA 93901

Branch Office : 7:00am – 9:00am / 3:30pm – 5:00pm

254 Casa Verde Way : Monterey, CA 93940 : (831) 648-1081

Local 304 : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Jose M. Zapien, JR.

6:00am – 4:30pm : (510) 581-9600

29475 Mission Blvd : Hayward, CA 94544

Branch Office : 6:00am – 4:30pm

2063 Research Dr. : Livermore, CA 9455 : (925) 455-8292

425 Roland Way : Oakland, CA 94621 : (510) 562-2661

Local 324 : Construction & Hod Carrier Laborers'

Business Manager / Secretary – Treasurer : Randy LeMoine

6:30am – 4:00pm : (925) 228-0930

611 Berrellesa Street : Martinez, CA 94553

Branch Offices : 6:30am – 9:00am

1005 Fitzuren Road : Antioch, CA 94509 : (925) 522-0006

101 South 12th St. : Richmond, CA 94804 : (510) 234-1069

2920 Sonoma Blvd, Ste B : Vallejo, CA 94590 : (707) 643-7214

Local 389 : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Ignacio Castillo

6:30am – 5:00pm : (650) 344-7168

300-7th Avenue : San Mateo, CA 94401

Local 1130 : Construction, Production & Maintenance Laborers'

Business Manager / Secretary – Treasurer : David J. Gorgas

7:00am – 4:30pm : (209) 521-9883

2549 Yosemite Bl., Suite K : Modesto, CA 95354



SAFETY CORNER | RINCÓN DE SEGURIDAD

By: Richard Rocha - Facility Manager/Safety Officer

Fall Protection - Protección Contra Caídas



Once upon a time, workers didn't like to wear fall protection harnesses. They're hot, uncomfortable, cumbersome, and difficult to use, and create their own problems. In short, "Why do I have to wear this thing?" was a common question. But it was once the same story with hard hats, safety glasses, and other safety equipment that workers now wear (well almost) without complaint.

"Fall protection is getting to that point, where harnesses are expected anytime you're working at height."

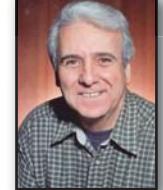
It may seem that a job can be performed more efficiently without spending the time to protect against falls. However, falls remain one of the top causes of fatalities in construction. Workers have fallen off edges of every description, especially floors and roofs, and through openings in floors, roofs, and walls.

Falls are the second leading cause of death each year in the United States (after traffic accidents)! Over 10,000 people are killed every year as a result of falls...and 200,000 to 300,000 people are disabled. Eighty-five percent of all falls that occur on the job result in "lost work time".

Sometimes the way we have to protect ourselves on the job is more than guardrails and personal fall arrest devices. Sometimes there are other hazards that may not be as obvious at first. The hazards that we get used to are the ones that can hurt us the most. It's important to remember that we need to always look around the job for fall hazards and then make sure we use the right ways to protect ourselves.

Remember SAFETY begins with you!

Hace un tiempo, a los trabajadores no les gustaba usar arneses de protección contra caídas. Son calientes, incómodos, complicados y difíciles de utilizar y crean sus propios problemas. En pocas palabras, "¿Por qué tengo que usar esta cosa?" Era una pregunta común. Pero era la misma historia con los cascos, gafas de seguridad, y otros equipos de seguridad que los trabajadores usan ahora sin una queja (bueno casi sin una queja).



"La protección contra caídas es llegar a ese punto, donde se requiere utilizar arneses de protección contra caídas en cualquier ocasión que esté trabajando a grandes alturas."

Puede parecer que un trabajo puede ser realizado de manera más eficiente sin tener que gastar el tiempo para protegerse contra las caídas. Sin embargo, las caídas siguen siendo una de las principales causas de muertes en la construcción. Los trabajadores se han caído de todo tipo de bordes, especialmente de los pisos y techos, y por medio de aberturas en pisos, techos y paredes.

Las caídas son la segunda causa de muerte cada año en los Estados Unidos (después de los accidentes de tráfico)! Más de 10,000 personas mueren cada año como resultado de las caídas... y entre 200,000 y 300,000 personas quedan discapacitadas. Ochenta y cinco por ciento de todas las caídas que se producen en el trabajo resultan en "tiempo de trabajo perdido".

A veces la manera en que tenemos que protegernos en el trabajo requiere más que barandas de protección y dispositivos personales de detención contra caídas. A veces, hay otros peligros que pueden no ser tan obvios a primera vista. Los peligros a los que nos acostumbramos son los que pueden hacernos más daño. Es importante recordar que tenemos que mirar siempre alrededor del sitio de trabajo para identificar los riesgos de caídas y asegurarse de utilizar la forma correcta para protegerse.

Recuerde que la SEGURIDAD comienza con usted!



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San Ramon Schedule of Courses / Horario de Clases de San Ramón

January - March 2010

Enero - Marzo 2010

Apprenticeship Courses

Apprenticeship Initial

3 Weeks

Dates: 03/01 - 03/19
03/22 - 04/09

Pre-requisite: None

Apprenticeship Follow Up

2 Weeks

Dates: 01/11 - 01/22
02/01 - 02/12
02/22 - 03/05
03/15 - 03/26

Pre-requisite: Apprenticeship Initial Completion

Construction Courses

Air Track Drilling Orientation

1 Week

Dates: 01/18 - 01/22
03/29 - 04/02

Pre-requisite: None

Asphalt Paving Techniques

2 Weeks

Dates: 03/22 - 04/02

Pre-requisite: None

Advanced Concrete Finishing

2 Weeks

Dates: 03/29 - 04/09

Pre-requisite: Concrete Techniques/Experience

Basic Construction Math Skills

1 Week

Dates: 01/18 - 01/22
02/22 - 02/26
03/15 - 03/19 (Spanish)

Pre-requisite: None

Bilingual Construction

Asphalt

2 Days

Dates: 03/30 - 03/31

Pre-requisite: None

Blueprint Reading Orientation

3 Days

Dates: 01/04 - 01/06
01/25 - 01/27

Pre-requisite: None

Concrete Techniques

2 Weeks

Dates: 03/01 - 03/12

Pre-requisite: None

Confined Space Entry

1 Day

Dates: 02/12

02/18

Pre-requisite: None

Fundamentals of Construction

2 Weeks

Dates: 01/25 - 02/05
02/22 - 03/05

Pre-requisite: None

Grade Checking Orientation

4 Days

Dates: 01/11 - 01/14

Pre-requisite: None

Plaster/Brick Tender (Hod Carrier)

Apprenticeship/Journeymen

3 Weeks

Dates: 03/08 - 03/26

Pre-requisite: None

Pipe Fusion

1 Day

Dates: 02/16

Pre-requisite: Pipe Laying Techniques

Rigging & Signaling

1 Week

Dates: 02/01 - 02/05

Pre-requisite: None

Sand Blasting

(*Abrasive Blasting*)

1 Day

Dates: 02/17

Pre-requisite: None

Shotcrete Techniques

2 Weeks

Dates: 02/01 - 02/12

Pre-requisite: Fundamentals of Construction/Exp.

Equipment Courses

Aerial Work Platform Initial

2 Days

Dates: 01/12 - 01/13
02/10 - 02/11
02/17 - 02/18 (Spanish)

Pre-requisite: None

Aerial Work Platform Recertification

1 Day

Dates: 02/19
03/25 (Spanish)

Pre-requisite: Experience/Certification

Concrete Coring & Saw Cutting

2 Days

Dates: 02/08 - 02/09

Pre-requisite: Construction Experience

Forklift Orientation-All Terrain

1 Week

Dates: 01/04 - 01/08
01/25 - 01/29
03/01 - 03/05
03/29 - 04/02

Pre-requisite: None

Forklift Recertification

1 Day

Dates: 01/14
02/16 (Spanish)
02/17
03/23 (Spanish)

Pre-requisite: Experience/Certification

Skid-Steer Loader Orientation

1 Week

Dates: 01/04 - 01/08
02/01 - 02/05

Pre-requisite: None

Skid-Steer Loader Recertification

1 Day

Dates: 01/11
02/19
03/24 (Spanish)

Pre-requisite: Experience/Certification

Welding Courses

Oxy Acetylene Torch Cutting & Burning

1 Day

Dates: 01/15
02/17

Pre-requisite: None

Welding Certification

5 Consecutive Saturdays

Dates: 01/09, 01/16, 01/23, 01/30 & 02/06
02/20, 02/27, 03/06, 03/13 & 03/20

Pre-requisite: None

San Ramon Schedule of Courses / Horario de Clases de San Ramón

January - March 2010

Enero - Marzo 2010

Environmental Courses

Asbestos Worker Initial 1 Week Dates: 03/01 - 03/05 Pre-requisite: None	Asbestos Worker Recertification 1 Day Dates: 02/03 03/08 Pre-requisite: Asbestos Worker Certificate	Hazardous Waste Removal 1 Week Dates: 01/04 - 01/08 02/01 - 02/05 02/22 - 02/26 (Spanish) 03/08 - 03/12 Pre-requisite: 200 Hours Worked	Hazardous Waste Recertification 1 Day Dates: 01/12 02/01 (Spanish) 02/04 03/11 04/01 (Spanish) Pre-requisite: Haz.Waste Certificate
Lead Abatement Initial 4 Days Dates: 01/18 - 01/21 (Spanish) 01/25 - 01/28 02/16 - 02/19 03/01 - 03/04 03/08 - 03/11 (Spanish) Pre-requisite: None	Lead Recertification 1 Day Dates: 02/02 03/09 Pre-requisite: Lead Initial Certificate(CDPH)	Mold Remediation 2 Days Dates: 03/15 - 03/16 (Spanish) Pre-requisite: None	

Safety Courses

BATC Refinery Safety 1 Day Dates: 01/13 02/11 03/10 03/17 Pre-requisite: None	First Aid/CPR 1 Day Dates: 02/18 03/12 Pre-requisite: None	Flagging 1 Day Dates: 01/29 02/18 Pre-requisite: None	Firewatch Safety 1 Day Dates: 03/19 Pre-requisite: None
Mine & Tunnel Safety 1 Week Dates: 01/04 - 01/08 02/08 - 02/12 03/22 - 03/26 Pre-requisite: None	OSHA10 + Flagging 2 Days Dates: 02/08 - 02/09 02/16 - 02/17 (Spanish) Pre-requisite: None	Safety Certification (OSHA10, Flagging, Traffic Control, First Aid/CPR, Confined Space) 1 Week Dates: 01/11 - 01/15 02/22 - 02/26 (Spanish) 03/22 - 03/26 (Spanish) Pre-requisite: None	Safety Certification (Flagging, Traffic Control, First Aid/CPR, Confined Space) 4 Days (4.30 PM to 9:00 PM) Dates: 03/08 - 03/11 Pre-requisite: None
Scaffold User 1 Day 01/28 Pre-requisite: None	Traffic Control 1 Day Dates: 02/10 02/18 Pre-requisite: None		

***Under the direction of the Board of Trustees for the Laborers' Training and Retraining Trust Fund for Northern California, effective October 16, 2009, the "Stipend Allowance" has been temporarily suspended. The "Travel Allowance" will remain the same until further notice.

IMPORTANT REMINDER!

All trainees/apprentices are expected to be on time for all courses and to be suitably attired with work clothing and work boots. **NO** shorts, tank tops, or tennis shoes will be allowed in class or in the dining area. **NO** head gear will be allowed in the dining room. Registration for all courses is from 6:00am to 7:00am the first day of class. After the first day, classes will begin at 6:30am. Classes end at 3:00pm. Those arriving late or without proper attire will **NOT** be accepted.

RECORDATORIO IMPORTANTE!

Se les requiere a todos los estudiantes y aprendices el llegar a tiempo a todos los cursos y venir vestidos apropiadamente con ropa y botas de trabajo. Pantalones cortos, camisetas sin manga, o zapatos de tenis NO serán permitidos, en ninguna de las clases o en el comedor. **NO** es permitido entrar al comedor con sombrero. La registración para todos los cursos es de las 6:00am a 7:00am de la mañana. Después del primer día de las clases, las clases empiezan puntualmente a las 6:30 de la mañana y terminan a las 3:00 de la tarde. Las personas que lleguen tarde, o sin ropa adecuada **NO** serán aceptadas.

Sacramento Schedule of Courses / Horario de Clases de Sacramento

January - March 2010

Enero - Marzo 2010

Apprenticeship Courses

Apprenticeship Initial

3 Weeks

Dates: 03/15 - 04/02

Pre-requisite: None

Apprenticeship Follow Up

2 Weeks

Dates: 02/08 - 02/19

03/01 - 03/12

Pre-requisite: Apprenticeship Initial Completion

Construction Courses

Asphalt Paving Techniques

1 Week

Dates: 03/15 - 03/19

Pre-requisite: None

Basic Construction Math Skills

1 Week

Dates: 01/04 - 01/08

02/22 - 02/26

Pre-requisite: None

Blueprint Reading Orientation

3 Days

Dates: 01/11 - 01/13

Pre-requisite: None

Fundamentals of Construction

2 Weeks

Dates: 01/18 - 01/29

Pre-requisite: None

Grade Checking Orientation

4 Days

Dates: 01/18 - 01/21

Pre-requisite: None

Pipe Fusion

1 Day

Dates: 01/15

Pre-requisite: Pipe Laying Techniques

Sand Blasting (Abrasive Blasting)

1 Day

Dates: 01/29

Pre-requisite: None

Equipment Courses

Concrete Coring & Saw Cutting

2 Days

Dates: 01/11 - 01/12

02/17 - 02/18

Pre-requisite: Construction Experience

Forklift Orientation-All Terrain

1 Week

Dates: 02/01 - 02/05

Pre-requisite: None

Forklift Recertification

1 Day

Dates: 01/27

Pre-requisite: Experience/Certification

Skid-Steer Loader Orientation

1 Week

02/22 - 02/26

Pre-requisite: None

Skid-Steer Loader Recertification

1 Day

Dates: 01/28

Pre-requisite: Experience/Certification

Safety Courses

Firewatch Safety

1 Day

Dates: 04/02

Pre-requisite: None

First Aid/CPR

1 Day

Dates: 01/15

02/16

Pre-requisite: None

Flagging

1 Day

Dates: 01/13

Pre-requisite: None

OSHA10 + Flagging

2 Days

Dates: 01/25 - 01/26

Pre-requisite: None

Safety Certification
(OSHA10, Flagging, Traffic Control,
First Aid/CPR, Confined Space)

1 Week

Dates: 01/04 - 01/08

Pre-requisite: None

Scaffold User

1 Day

Dates: 01/14

Pre-requisite: None

Traffic Control

1 Day

Dates: 01/14

Pre-requisite: None

Welding Courses

Oxy Acetylene Torch Cutting & Burning

1 Day

Dates: 02/19

Pre-requisite: None

LABORERS' TRAINING & RETRAINING TRUST FUND FOR NORTHERN CALIFORNIA BOARD OF TRUSTEES

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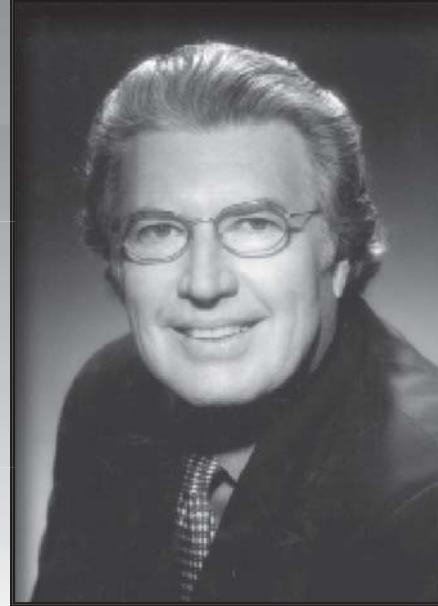
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Mobile Training Unit

Unidad Móvil de Capacitación

The Northern California Laborers' Training Center offers off-site/mobile training for those Employers/Union Offices who would prefer to train their employees at their job sites/offsite location.

El Centro de Capacitación de Obreros del Norte de California ofrece capacitación móvil para los Contratistas/Oficinas Sindicales que prefieren que el entrenamiento se lleve a cabo en el sitio de trabajo/afuera del centro.



The Northern California
Terence J. O'Sullivan
Laborers Training Center

"The More You Learn,
The More You Earn"

Training
925-828-2513
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925-556-0858
www.norcalaborers.org



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Mobile
Training
Unit

Let Us Know How we can fulfill your Organization's Training Requirements
Déjenos Saber como podemos satisfacer los requisitos de Capacitación de su Organización

Director of Training : Vic Macias
Instructor Supervisor : Jerome Williams

Tel - (925) 828-2513 : vmacias@norcalaborers.org : jwilliams@norcalaborers.org

The following classes are a sampling of the courses that can be provided via our Mobile Unit.

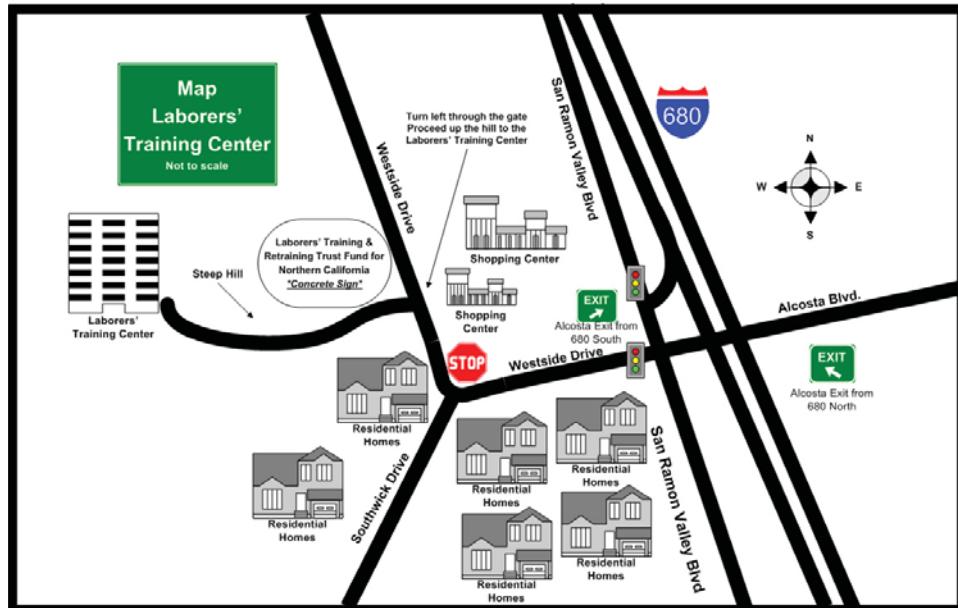
Las siguientes clases son una muestra de los cursos que son ofrecidos a través de nuestra Unidad Móvil.

Bilingual Communication:
Asphalt, Concrete, Pipe-Laying
Blueprint Reading
Competent Person
Concrete Cutting
First Aid/CPR
Flagging

Forklift Recertification
Grade Checking
OSHA10-Hour
Pipe Fusion Techniques
Skidsteer Loader
Traffic Control
Aerial Work Platform

DIRECTIONS & MAPS | DIRECCIONES Y MAPA

San Ramon Location



1001 Westside Drive, San Ramon, CA 94583
Tel - (925) 828-2513 : Fax - (925) 828-6142

From Northbound 680, take the ALCOSTA BOULEVARD exit off Highway 680, head West on Alcosta Boulevard. From Southbound 680, make a left (south) at top of ramp onto San Ramon Valley Boulevard. Turn right (west) onto Westside Drive. Stay in the straight-ahead lane and look on your left for the large sign and gate leading to the Training Center. Proceed up the hill to the Administration building (on the left).

De la autopista 680 de la Ruta Norte, tome la salida ALCOSTA BOULEVARD, siga al Oeste sobre Alcosta Boulevard. Del sur 680, gire a la izquierda (sur) en la parte superior de la rampa en San Ramon Valley Boulevard. Gire a la derecha (oeste) sobre Westside Drive. Permanezca en el carril que continua sobre Westside Drive y ver a su izquierda para encontrar el letrero y la puerta principal al Centro de Capacitación. Proceda hasta la colina a la Oficina de Administración (a la izquierda).

Take the HARBOR BOULEVARD exit off U.S. 50/Business 80 towards Harbor Boulevard/Port of Sacramento. Continue on Harbor Boulevard for approximately ½ mile. At the Industrial Boulevard intersection at the entrance to the Port, make a right and continue about 100 yards on Industrial. The entrance to the Laborers' Training Center is on your left at a yellow pole gate. Follow the signs to the Administration Building.

Tome la salida HARBOR BOULEVARD de la autopista U.S. 50/Business 80 hacia el Boulevard Harbor/Puerto de Sacramento. Continúe sobre Harbor Boulevard por aproximadamente media milla. En la intersección de Industrial Boulevard a la entrada del puerto, gire a la derecha y continúe unos 100 metros sobre Industrial Blvd. La entrada al Centro de Capacitación para los Obreros está a la izquierda. En la entrada hay postes de color amarillo. Siga las señales hacia la oficina de Administración.

West Sacramento Location



2901 Industrial Blvd., West Sacramento, CA 95691
Tel - (916) 375-0191 : Fax - (916) 375-0227



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TRUST FUND FOR NORTHERN CALIFORNIA
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A quarterly newsletter from the Northern California Laborers' Training Center