

A quarterly newsletter from the Northern California Laborers' Training Center



# TRAINING NEWS

ISSUE NO. 73 | SPRING 2010

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## Our Mission

The Laborers' Training Center provides Union Laborers comprehensive quality training emphasizing safety, skills and knowledge to increase their marketability and value to themselves, the Signatory Contractors and the Construction Industry.

INSIDE - Schedule of Courses  
ADENTRO - Calendario de Cursos



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# THE LABORERS' TRAINING IN ACTION



Instructor Supervisor  
Jerome Williams

## Instructors



Alfredo Argandona



Rafael Cerdá



Frank Corona



Tim Dodson



Juan Gutierrez



Ollie Hurd



Brandon Jordan



David Petrosky



Nathan Whittom

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# THE LABORERS' TRAINING IN ACTION



# Apprenticeship Report - Spotlight on Central Valley Apprentices

## Informe de Aprendizaje - Enfoque en los Aprendices del Valle Central

By: Director of Apprenticeship  
Jeff Armstrong



*Apprentice  
Ricardo Gutierrez*

In the last two issues of the Training News, we took a trip to Redding and Eureka to catch up with several apprentices who were hard at work in the northern part of the state. In this issue we turn our attention southward to focus on many of the apprentices hard at work in the Central Valley.

Our first stop is Fresno where the city is engaged in a major water meter box installation

project aimed at providing a means to gauge residential water use. Performing much of this work is West Valley Construction. The contractor is tasked with digging all the holes and placing the boxes for meters that will be attached later.

Along with the skilled journeymen Laborers on this project, there are a number of motivated apprentices who are taking full advantage of this opportunity to gain valuable experience. First off is Ricardo Gutierrez. Ricardo joined our program in August of last year and is taking full advantage of his apprenticeship. "I like the work and I like the pay,"

Ricardo told me. "Everyday I learn something new". Trevor Swanson, who has been in the program since last October, said simply "I love the work. The apprenticeship program has given me an understanding of all the safety that goes with the job."

Two streets over, we found apprentices Rodolfo Lopez, Jeff Feagin and Gilbert Lopez.



*Apprentice  
Rodolfo Lopez*

En las últimas dos publicaciones de las Noticias de Capacitación ("Training News"), tomamos un viaje a Redding y Eureka para ponernos al día con varios aprendices que estaban trabajando arduamente en la parte norte del estado. En esta edición volvemos nuestra atención hacia el sur, para enfocarnos en muchos de los aprendices que se encuentran trabajando vigorosamente en el Valle Central.

Nuestra primera parada es la ciudad de Fresno, donde la ciudad se encuentra enlazada en un importante proyecto de instalación de medidores de agua, destinados a proporcionar un medio para medir el uso del agua residencial. Realizando gran parte de este trabajo esta West Valley Construction. El contratista se encarga de excavar los agujeros y colocar las cajas para los medidores que se adjuntarán más adelante.



*Apprentice  
Trevor Swanson*

Junto con los hábiles Obreros en este proyecto, hay un número de aprendices muy motivados que están aprovechando al máximo esta oportunidad de adquirir una valiosa experiencia. En primer lugar está Ricardo Gutiérrez. Ricardo se unió a nuestro programa en agosto del año pasado y está aprovechando al máximo su aprendizaje. "Me gusta el trabajo y me gusta el salario," me dijo Ricardo. "Cada día aprendo algo nuevo". Trevor Swanson, que ha estado en el programa desde el pasado mes de octubre, dijo simplemente: "Me encanta el trabajo. El programa de aprendizaje me ha dado una comprensión de toda la seguridad que va con el trabajo".

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# Apprenticeship Report - Spotlight on Central Valley Apprentices

## Informe de Aprendizaje - Enfoque en los Aprendices del Valle Central

(Continued )



**Apprentice  
Jeff Feagin**

ship started last October, praised both his co-workers and West Valley Construction. "I love it here - good bosses and a good company."

In the Fresno suburb of Clovis, Apprentice Eric Alvarado was hard at work with Floyd Johnston Construction. Eric, who has been an apprentice since July of last year told us how helpful the program has been to him. "The program has changed me to where I would like to be a leader, teach and help those who are coming up behind me."

The Apprenticeship Program wishes these and all of our apprentices continued success in their endeavors. The training center stands ready to provide any training you feel will increase your chances to get a job and keep a job.

Rodolfo became an apprentice last September and like the others, enjoys the hard work. Jeff, who joined in August of 2008, credits the training he received in class with giving him the basics and a sound footing for the future. "When I am running projects, it will be my turn to bring in apprentices to learn the trade." Gilbert, whose apprentices-

A dos calles, encontramos a los aprendices Rodolfo López, Jeff Feagin y Gilbert López. Rodolfo se convirtió en un aprendiz el pasado mes de septiembre y como los demás, disfruta del trabajo arduo. Jeff, que se unió en agosto del 2008, da crédito a la capacitación que recibió en la clase con darle los fundamentos y una base sólida para el futuro. "Cuando yo me encuentre a cargo de la ejecución de proyectos, será mi turno para atraer a los aprendices a que aprendan el oficio". Gilbert, cuyo aprendizaje comenzó el pasado mes de octubre, alabó a sus dos compañeros de trabajo y a West Valley Construction. "Me encanta estar aquí - tenemos buenos patrones y es una buena empresa."



**Apprentice  
Gilbert Lopez**

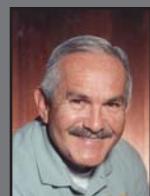


**Apprentice  
Eric Alvarado**

En Clovis, el suburbio de Fresno, el aprendiz Eric Alvarado estaba trabajando arduamente con Floyd Johnston Construction. Eric, que ha sido un aprendiz desde julio del año pasado nos dijo que tan útil ha sido el programa para él. "El programa me ha cambiado de manera que me gustaría ser un líder, enseñar y ayudar a los que vienen detrás de mí."

El Programa de Aprendizaje le desea a estos y a todos nuestros aprendices, éxito continuo en sus esfuerzos. El Centro de Capacitación está dispuesto a proporcionar toda la capacitación que usted considere necesaria para incrementar sus probabilidades de conseguir y conservar un trabajo.

### Apprenticeship Field Coordinators



*Manny Carrillo*



*Dave Darling*



*Victor Dillon*



*Lou Nuñez*

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# Northern California Laborers Apprenticeship Program Programa de Aprendizaje de Obreros del Norte de California

Frequently asked questions  
Construction Craft Laborer Apprentices  
Preguntas más frecuentes  
para los Aprendices de Obrero en el oficio de  
la Construcción

**Q:** When am I eligible for health benefits?

**A:** Your eligibility for health benefits is effective when your employer has reported 441 worked hours to the Northern California Laborers Trust Funds.

**Q:** If I receive PCE (Previous Construction Experience) credit will it count towards my health benefits?

**A:** No, hours must be accrued by working for a signatory contractor once you are a member of the Union.

**Q:** If I have questions about my health benefits such as eligibility or a statement I received, whom do I contact?

**A:** For inquiries about your health benefits you may contact the Northern California Laborers Trust Funds at 1-800-244-4530. Ask for the Health and Welfare Department.

**Q:** When am I eligible for my vacation check?

**A:** Your employer will start making contributions to your vacation account once you advance to 4<sup>th</sup> period (80%). In order to receive an upgrade to 80% and full fringes (including your vacation check) you must first meet all of the following requirements.

- 1500 OJT Hours.
- Pay the remainder of your initiation to your local.
- Complete either the follow-up class or the Hazardous Waste class.

**Q:** What if I work more than 1500 hours but I haven't paid my full initiation or taken the follow-up or Hazardous Waste class? Will I get "retro pay" when I do?

**A:** No. Your raise and advancement will be effective when you meet all your requirements and your advancement is processed.

**P:** ¿Cuándo soy elegible para los beneficios de salud?

**R:** Su elegibilidad para sus beneficios de salud entra en efecto cuando su Empleador/Contratista haya reportado 441 horas trabajadas al Fondo de Fideicomiso de los Obreros del Norte de California.



**P:** ¿Si recibo crédito de PCE (experiencia previa en la construcción) se cuenta hacia mis beneficios de salud?

**R:** No, las horas deben ser acumuladas trabajando para un contratista signatario una vez que usted sea un miembro de la unión.

**P:** ¿Si tengo preguntas sobre mis beneficios de salud tales como elegibilidad o una declaración recibida, a quién puedo contactar?

**R:** Para preguntas sobre sus beneficios de salud usted puede entrar en contacto con los Fondos Fideicomiso de los Obreros del Norte de California al 1-800-244-4530. Pregunte por el departamento de la salud y del bienestar.

**P:** ¿Cuándo soy elegible para recibir mi cheque de vacaciones?

**R:** Su empleador comenzará a hacer contribuciones a su cuenta de las vacaciones una vez que usted avance al cuarto período (el 80%). Para recibir una actualización hasta el 80% y beneficios (incluyendo su cheque de las vacaciones) usted debe primero cumplir con todos los siguientes requisitos.

- 1500 Horas de OJT (capacitación en el trabajo)
- Pagar a su Local el resto de su iniciación
- Completar la clase del Modulo 2 de Aprendizaje o la clase de los desechos peligrosos.

**P:** ¿Qué pasa si trabajo más de 1500 horas pero no he pagado mi iniciación completa ni he tomado la clase del Modulo 2 o de los desechos peligrosos? ¿Conseguiré "pago retroactivo" cuándo lo haga?

**R:** No, su aumento y adelanto serán efectivos cuando usted cumpla con todos los requisitos y su aumento será procesado.

# Schedule of Courses

## Apprenticeship Courses

### Apprenticeship Initial - 3 Weeks

Dates: 04/12 - 04/30  
05/03 - 05/21  
06/07 - 06/25  
06/21 - 07/09

Pre-requisite: None



## Construction Courses

### Advanced Concrete Finishing - 2 Weeks

Dates: 05/24 - 06/04  
Pre-requisite: Concrete Techniques/Experience

### Basic Construction Math Skills - 1 Week

Dates: 06/21 - 06/25 (Spanish)  
Pre-requisite: None

### Blueprint Reading Orientation - 3 Days

Dates: 04/07 - 04/09  
05/17 - 05/19 \*at Local 185  
06/01 - 06/03  
Pre-requisite: None

### Concrete Techniques - 2 Weeks

Dates: 05/10 - 05/21  
Pre-requisite: None

### Confined Space Entry - 1 Day

Dates: 04/23 (Spanish)  
Pre-requisite: None

### Fundamentals of Construction - 2 Weeks

Dates: 04/26 - 05/07  
Pre-requisite: None

### Grade Checking Orientation - 4 Day

Dates: 05/10 - 05/13  
06/01 - 06/04 \*at Local 185  
06/07 - 06/10  
Pre-requisite: None

### Introduction to Hod Carrying - 3 Weeks

Dates: 06/01 - 06/18  
Pre-requisite: None

### Pipelining Techniques - 2 Weeks

Dates: 04/12 - 4/23  
Pre-requisite: Fundamentals of Construction

### Rigging & Signaling - 1 Week

Dates: 04/12 - 04/16  
05/03 - 05/07  
Pre-requisite: None

### Shotcrete Techniques - 2 Weeks

Dates: 04/19 - 04/30  
06/14 - 06/25  
Pre-requisite: Fundamentals of Construction/Exp.



## Equipment Courses

### Aerial Work Platform Initial - 2 Days

Dates: 06/07 - 06/08  
06/30 - 07/01 \*at Local 185  
Pre-requisite: None

### Aerial Work Platform Recertification - 1 Day

Dates: 04/13  
05/21 \*at Local 185  
06/03  
Pre-requisite: Experience/Certification

### Concrete Coring & Saw Cutting - 2 Days

Dates: 04/07 - 04/08  
05/24 - 05/25  
Pre-requisite: Construction Experience

### Forklift Orientation-All Terrain - 1 Week

Dates: 05/03 - 05/07 (Spanish)  
05/17 - 05/21  
06/14 - 06/18 (Spanish)  
Pre-requisite: None

### Forklift Recertification - 1 Day

Dates: 04/12  
05/18  
05/20 \*at Local 185  
06/02 (Spanish)  
07/01 (Spanish)

Pre-requisite: Experience/Certification

### Skid-Steer Loader Orientation - 1 Week

Dates: 04/26 - 04/30  
05/24 - 05/28  
Pre-requisite: None

### Skid-Steer Loader Recertification - 1 Day

Dates: 04/14  
Pre-requisite: Experience/Certification



## Welding Courses

### Oxy Acetylene Torch Cutting & Burning - 1 Day

Dates: 04/09  
05/26  
06/11  
Pre-requisite: None

# Calendario de Cursos

April to June 2010  
Abril a Junio 2010



## Environmental Courses

<b>Asbestos Worker Initial - 1 Week</b> Dates: 05/03 - 05/07 Pre-requisite: None	<b>Hazardous Waste Recertification</b> <b>1 Day</b> Dates: 04/01 (Spanish) 04/07 05/13 06/02 (Spanish) 06/03 06/30 (Spanish) 07/01 Pre-requisite: Haz.Waste Certificate	<b>Lead Abatement Initial - 3 Days</b> Dates: 04/07 - 04/09 (Spanish) 04/27 - 04/29 (Spanish) 06/07 - 06/09 Pre-requisite: None
<b>Asbestos Worker Recertification - 1 Day</b> Dates: 06/03 Pre-requisite: Asbestos Worker Certificate		<b>Lead Recertification - 1 Day</b> Dates: 06/11 06/29 Pre-requisite: Lead Initial Certificate(CDPH)
<b>Hazardous Waste Removal - 1 Week</b> Dates: 04/19 - 04/23 05/24 - 05/28 (Spanish) Pre-requisite: 200 Hours Worked		<b>Mold Remediation - 2 Days</b> Dates: 05/19 - 05/20 Pre-requisite: None



## Safety Courses

<b>BATC Refinery Safety - 1 Day</b> Dates: 04/08 05/12 06/02 06/30 Pre-requisite: Identification and Social Security Card	<b>Firewatch Safety - 1 Day</b> Dates: 04/30 05/21 06/25 Pre-requisite: None	<b>Safety Certification - 1 Week</b> (OSHA10, Flagging, Traffic Control, First Aid/CPR, Confined Space) Dates: 04/12 - 04/16 *at Local 1130 04/19 - 04/23 04/26 - 04/30 (Spanish) *at Local 185 05/17 - 05/21 (Spanish) 05/24 - 05/28 Pre-requisite: None
<b>First Aid/CPR - 1 Day</b> Dates: 04/09 05/14 05/20 *at Local 185 06/10 Pre-requisite: None	<b>Mine &amp; Tunnel Safety - 1 Week</b> Dates: 04/19 - 04/23 05/10 - 05/14 06/28 - 07/02 Pre-requisite: None	<b>Traffic Control - 1 Day</b> Dates: 04/09 04/22 (Spanish) 05/19 *at Local 185 06/01 06/09 (Spanish) Pre-requisite: None
<b>Flagging - 1 Day</b> Dates: 04/20 04/21 (Spanish) 05/14 05/21 06/09 07/02 *at Local 185 Pre-requisite: None	<b>OSHA10 - 2 Days</b> Dates: 04/15 - 04/16 05/27 - 05/28 06/28 - 06/29 *at Local 185 06/30 - 07/01 Pre-requisite: None	<b>OSHA10 + Flagging - 2 Days</b> Dates: 04/07 - 04/08 05/17 - 05/18 *at Local 185 06/07 - 06/08 (Spanish) Pre-requisite: None
		* Special Class Location



## IMPORTANT REMINDER!

All trainees/apprentices are expected to be on time for all courses and to be suitably attired with work clothing and work boots. **NO** shorts, tank tops, or tennis shoes will be allowed in class or in the dining area. **NO** head gear will be allowed in the dining room. Registration for all courses is from 6:00am to 7:00am the first day of class. After the first day, classes will begin at 6:30am. Classes end at 3:00pm. Those arriving late or without proper attire will **NOT** be accepted.

## RECORDATORIO IMPORTANTE!

Se les requiere a todos los estudiantes y aprendices el llegar a tiempo a todos los cursos y venir vestidos apropiadamente con ropa y botas de trabajo. Pantalones cortos, camisetas sin manga, o zapatos de tenis **NO** serán permitidos, en ninguna de las clases o en el comedor. **NO** es permitido entrar al comedor con sombrero. La registración para todos los cursos es de las 6:00am a 7:00am de la mañana. Despuès del primer día de las clases, las clases empiezan puntualmente a las 6:30 de la mañana y terminan a las 3:00 de la tarde. Las personas que lleguen tarde, o sin ropa adecuada **NO** serán aceptadas.

# Training Program Overview

The Training Program is designed to provide basic, as well as advanced, instruction in a variety of construction skills.

Trainees learn from instructors who have many years of experience in the construction industry. Classes are equipped with modern equipment and tools, and strong emphasis is placed on operation and safety.

Classes range from one to six weeks. A typical construction course format entails approximately 45 minutes of classroom instruction per day with the remaining time spent on "hands-on" training. All training is done under the direct supervision of a certified instructor.

## *Want to Take a Class at the Training Center?*

Contact your Local Union Office or inquire while paying your dues or registering at roll call. Tell them which course you are interested in taking. They will then contact the Training Center, which will review your work status and course availability. The Training Center will notify the Local Union Office which will contact you about the availability of the particular course.

# Visión general del Programa de Capacitación

El Programa de Capacitación está diseñado para proveer instrucción básica al igual que instrucción avanzada en una gran variedad de habilidades en la construcción.

Los estudiantes reciben la enseñanza de instructores quienes tienen muchos años de experiencia en la industria de la construcción. Los cursos están equipados con maquinaria y herramienta moderna, y se enfocan de manera firme en el manejo y la seguridad.

Los cursos varían de una a seis semanas. El formato típico de un curso de construcción, conlleva aproximadamente 45 minutos de instrucción al día en el salón de clase y el tiempo restante se dedica a la práctica. Toda la instrucción se efectúa bajo la dirección de un supervisor certificado.

## *Quiere tomar una clase en el Centro de Capacitación?*

Llame por teléfono a su Oficina de la Unión Local o pregunte cuándo vaya a pagar su cuota mensual o cuándo se registre para el pase de lista. Digale a los representantes que curso le interesa tomar. Ellos se pondrán en contacto con el Centro de Capacitación, permitiendo así la verificación de su estado de empleo y la disponibilidad de cursos. El Centro de Capacitación notificará a la Oficina de la Unión Local, y enseguida le harán saber acerca de la disponibilidad del curso en particular.



# SAFETY CORNER | RINCÓN DE SEGURIDAD

By: Richard Rocha - Facility Manager/Safety Officer

## "Accident Prevention in Construction Work"

### "Prevención de accidentes en Trabajos de Construcción"



Hundreds of thousands of workers are hurt each year performing construction work.

Accidents can happen to **ANYONE** on a construction job. **EVERYONE** should know how accidents can be recognized, and prevented. It might involve walking a few feet to lock-out and tag a switch, get a better tool, or get a better view. It might involve spending a few extra seconds to wait for the "walk" signal, or get a better view of the roadway in front before passing.

#### LOST TIME DUE TO INJURIES CAN BE PREVENTED!

For example, a carpenter is hurt falling from a ladder. What must be learned to **PREPARE** similar accidents? Why did the carpenter fall? Was the ladder improperly placed or improperly secured? Was it defective? Did the carpenter overreach, make a misstep, or become dizzy and lose hold? We can ask the same questions, about other kinds of accidents in construction work.

#### ASK THESE QUESTIONS TO PREVENT ACCIDENTS:

Are the working conditions safe?

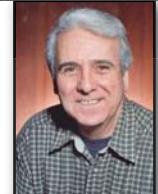
We can find out whether or not a ladder is safe for use by checking its construction against the requirements of the Occupational Safety and Health Administration (OSHA) or the American National Standards Institute (ANSI). We must ask whether the ladder was used in the right way. Using the right tool in the wrong way causes some accidents.

#### Can the employee do the job safely?

Some workers may find working on a ladder uncomfortable or dangerous. They may have a poor sense of balance, or fear of heights. You should tell your supervisor when you cannot work productively and safely.

**REMINDER – KNOW THE QUESTIONS TO ASK FOR PREVENTING ACCIDENTS!**

Cientos de miles de trabajadores se lastiman cada año haciendo trabajos de construcción.



Los accidentes pueden pasarle a **CUALQUIER PERSONA** en un trabajo de construcción. **TODO EL MUNDO** debe saber cómo se pueden reconocer y prevenir los accidentes. La prevención puede depender de cosas fáciles tales como; caminar un corto tramo para poner una cerradura y etiquetar un interruptor; escoger una herramienta más adecuada, o posicionarse para ver mejor; pararse unos segundos extra esperando la señal para avanzar; o mirar con cuidado la carretera antes de pasar o cruzar.

#### LESIONES QUE CAUSAN TIEMPO PERDIDO SE PUEDEN PREVENIR!

Por ejemplo, un carpintero se lastima al caerse de una escalera. ¿Qué se debe aprender para **PREVENIR** accidentes similares? ¿Por qué se cayó el carpintero? ¿Colocó la escalera o la aseguró inapropiadamente? ¿Estaba defectuosa? ¿Trató el carpintero, de alcanzar más de lo que debía, dió un paso en falso o se sintió mareado y perdió el equilibrio? Podemos hacer las mismas preguntas, sobre otros tipos de accidentes en trabajos de construcción.

#### HAGASE ESTAS PREGUNTAS PARA AYUDAR A PREVENIR ACCIDENTES:

¿Son seguras las condiciones de trabajo?

Podemos enterarnos si un escalera es segura o no, verificando su construcción con los requisitos de la Administración de Salud y Seguridad Profesional(OSHA) o el Instituto Americano de Normas Nacionales (ANSI). Debemos preguntar si se usó la escalera en la manera correcta. El usar la herramienta correcta de una manera incorrecta causa accidentes.

#### ¿Puede el empleado hacer el trabajo con seguridad?

Algunos trabajadores encuentran el trabajar sobre una escalera incómodo o peligroso. Tal vez no tienen buen equilibrio, o tienen temor a las alturas. Debe decirle a su supervisor cuando no pueda trabajar productiva y seguramente.

**¡RECUERDE- CONOZCA LAS PREGUNTAS QUE HAY QUE HACER PARA PREVENIR ACCIDENTES!**



# ANNOUNCEMENTS

## ATTENTION ALL TRAINEES:

Due to the current financial condition of the Laborers Training and Retraining Trust Fund for Northern California, the trustees have had to take some measures in order to bring costs in line with projected income. Several conditions, both economic and operational have necessitated that we make the following changes to our training program:

1. Effective October 16, 2009, the "Stipend Allowance" has been temporarily suspended. The "Travel Allowance" will remain the same until further notice.
2. The West-Sacramento Training Facility will be closing. No new classes will be scheduled after the conclusion of the class that ends on February 19, 2010.
3. No hours credit for Health & Welfare or Pension will be given to any trainee attending classes at the San Ramon Training Center for any class starting on or after March 1, 2010.

We realize the above will create some hardship for trainees, however, in the current economic climate; the changes were necessary and are a first step in insuring the ongoing viability of the Training Fund.

## IN THE SPOTLIGHT



Apprentice Justin Hansen (center) working for Teichert Construction on the extension project of Highway 180 in Fresno.

"Justin has demonstrated the work ethic and commitment to the Apprenticeship Program that will make him an outstanding Journeyman."

Manny Carrillo, Field Coordinator



Jay Groh (left) and Jason Mulkey (right), take Mr. Joseph Scott on a tour of their jobsite at the Crystal Springs SFPUC tunnel project.

"Jay and Jason have proven to be hard and dedicated workers and understand the task at hand to get the job done."

Joseph Scott, Business Agent Local 389

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# Northern California Laborers' Local Union Offices

## Oficinas de la Unión Local de Obreros del Norte de California

**Local 67** : Asbestos, Lead & Mold, and HAZ-MAT Laborers'  
Business Manager : Victor Parra

7:00am – 5:00pm : (510) 569-4761

8400 Enterprise Way #119 : Oakland, CA 94621

**Branch Office** : 7:00am – 5:00pm

2717 Cottage Way #12 : Sacramento, CA 95825 : (916) 482-2607

**Local 73** : General Laborers' & Hod Carriers

Business Manager / Secretary Treasurer : Ray Recinos

6:30am – 5:00pm : (209) 466-3356

3984 Cherokee Road : Stockton, CA 95215

**Local 139** : Hod Carriers & Construction Laborers'

Business Manager / Secretary – Treasurer : David E. George

6:30am – 5:00pm : (707) 542-1107

81 Barham Avenue : Santa Rosa, CA 95407

Mailing Address: P.O. Box 5438 : Santa Rosa, CA 95402

**Local 166** : Hod Carriers

Business Manager / Secretary – Treasurer : Samuel Robinson

7:00am – 9:00am : (510) 568-0141

8400 Enterprise Way Room 109 : Oakland, CA 94621

**Local 185** : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Doyle S. Radford

Office Hours: 6:30am – 4:30pm : (916) 928-8300

1320 National Drive : Sacramento, CA 95834

**Branch Offices** : 6:30am – 3:30pm

2865 Churn Creek Rd., D : Redding, CA 96049 : (530) 221-0961

1650 Sierra Ave., #206 : Yuba City, CA 95993 : (530) 674-4707

**Local 261** : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Ramon Hernandez

6:30am – 4:30pm : (415) 826-4550

3271 – 18th Street : San Francisco, CA 94110

**Local 270** : Hod Carriers, General Laborers'

Business Manager : James Homer

6:30am – 5:00pm : (408) 297-2620

509 Emory Street : San Jose, CA 95110

**Branch Office** : 6:30am – 5:00pm

640 Eaton Street : Santa Cruz, Ca 95062 : (831) 475-7058

**Local 291** : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Harry C. Harris

6:30am – 5:00pm : (415) 492-0936

4174 Redwood Highway : San Rafael, CA 94903

**Local 294** : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Bruce Rust

7:00am – 5:00pm : (559) 255-3019

5431 East Hedges : Fresno, CA 93727

**Branch Office** : 7:00am – 9:00am

319 N. Church Street : Visalia, CA 93277 : (559) 734-9426

**Local 297** : Laborers' & Hod Carriers

Business Manager / Secretary – Treasurer : Gary A. Alameda

7:00am – 5:00pm : (831) 422-7077

117 Pajaro Street : Salinas, CA 93901

**Branch Office** : 7:00am – 9:00am / 3:30pm – 5:00pm

254 Casa Verde Way : Monterey, CA 93940 : (831) 648-1081

**Local 304** : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Jose M. Zapien, JR.

6:00am – 4:30pm : (510) 581-9600

29475 Mission Blvd : Hayward, CA 94544

**Branch Offices** : 6:00am – 4:30pm

2063 Research Dr. : Livermore, CA 9455 : (925) 455-8292

425 Roland Way : Oakland, CA 94621 : (510) 562-2661

**Local 324** : Construction & Hod Carrier Laborers'

Business Manager / Secretary – Treasurer : Randy LeMoine

6:30am – 4:00pm : (925) 228-0930

611 Berrellesa Street : Martinez, CA 94553

**Branch Offices** : 6:30am – 9:00am

1005 Fitzuren Road : Antioch, CA 94509 : (925) 522-0006

101 South 12th St. : Richmond, CA 94804 : (510) 234-1069

2920 Sonoma Blvd, Ste B : Vallejo, CA 94590 : (707) 643-7214

**Local 389** : Construction & General Laborers'

Business Manager / Secretary – Treasurer : Ignacio Castillo

6:30am – 5:00pm : (650) 344-7168

300-7th Avenue : San Mateo, CA 94401

**Local 1130** : Construction, Production & Maintenance Laborers'

Business Manager / Secretary – Treasurer : David J. Gorgas

7:00am – 4:30pm : (209) 521-9883

2549 Yosemite Bl., Suite K : Modesto, CA 95354

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A quarterly newsletter from the Northern California Laborers' Training Center

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# The Mobile Training Unit

## La Unidad Móvil de Capacitación

*The following classes are a sampling of the courses that can be provided via our Mobile Unit.*  
*Las siguientes clases son una muestra de los cursos que son ofrecidos a través de nuestra Unidad Móvil.*

**Bilingual Communication:** Concrete, Pipe-Laying  
Blueprint Reading  
Competent Person  
Concrete Cutting  
First Aid/CPR  
Flagging

**Forklift Recertification**  
**Grade Checking**  
**OSHA10-Hour**  
**Pipe Fusion Techniques**  
**Skidsteer Loader**  
**Traffic Control**



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Attention  
Employers and  
Union Offices!

## The Mobile Training Unit can bring training directly to you!

The Northern California Laborers' Training Center offers off-site/mobile training for those Employers/Union Offices who would prefer to train their employees at their job sites/offsite location.

El Centro de Capacitación de Obreros del Norte de California ofrece capacitación móvil para los Contratistas/Oficinas Sindicales que prefieren que el entrenamiento se lleve a cabo en el sitio de trabajo/afuera del centro.



Let Us Know How we can fulfill your Organization's Training Requirements!  
Déjenos Saber como podemos satisfacer los requisitos de Capacitación de su Organización!

Contact: Instructor Supervisor, Jerome Williams

Tel - (925) 828-2513 : [jwilliams@norcalaborers.org](mailto:jwilliams@norcalaborers.org)



**LABORERS' TRAINING & RETRAINING  
TRUST FUND FOR NORTHERN CALIFORNIA  
1001 WESTSIDE DRIVE  
SAN RAMON, CA, 94583-4098**

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**DIRECTIONS & MAPS | DIRECCIONES Y MAPAS**

## San Ramon Location

1001 Westside Drive, San Ramon, CA 94583 | Tel (925) 828-2513 | Fax (925) 828-6142



From Northbound 680, take the ALCOSTA BOULEVARD exit off Highway 680, head West on Alcosta Boulevard. From Southbound 680, make a left (south) at top of ramp onto San Ramon Valley Boulevard. Turn right (west) onto Westside Drive. Stay in the straight-ahead lane and look on your left for the large sign and gate leading to the Training Center. Proceed up the hill to the Administration building (on the left).

De la autopista 680 de la Ruta Norte, tome la salida ALCOSTA BOULEVARD, siga al Oeste sobre Alcosta Boulevard. Del sur 680, gire a la izquierda (sur) en la parte superior de la rampa en San Ramon Valley Boulevard. Gire a la derecha (oeste) sobre Westside Drive. Permanezca en el carril que continua sobre Westside Drive y ver a su izquierda para encontrar el letrero y la puerta principal al Centro de Capacitación. Proceda hasta la colina a la Oficina de Administración (a la izquierda).

**NEWSLETTER COMMITTEE**  
ISSUE NO. 73 | SPRING 2010

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