



Training News

A quarterly newsletter from the Northern California Laborers' Training Center

Issue No. 51 • Fall 2004

Free Training for Union Laborers Entrenamiento Gratuito Para Nuestros Obreros

To be successful, a union Laborer must be skilled, safe and productive. Thanks to a joint labor-employer program, union Laborers can receive free, high-quality training on many skills that are needed on today's jobsite.

The Laborers' Training & Retraining Trust Fund of Northern California was created back in 1968 to provide this training. It was the first of its kind in the nation for this craft. For every hour that a union Laborer works, a few cents goes to a fund to pay for this training.

When you become a union Laborer, you will receive a newsletter at your home every three months that tells you what classes are available. You sign up for the classes by calling or visiting your Local Union Hall.

Classes are free to you. In fact, you will even be paid \$2 per hour for each class you attend, plus \$5 per day for commuting to training. You will also receive a free hot breakfast and free hot lunch. If you live far away from the main Training Center in San Ramon, you can live on campus free. You can collect unemployment benefits while you attend class. When you finish a class, you will receive a certificate that you can show employers to prove that you have a certain skills. The more skills you have, the more money you make and the longer you can stay working. A good time to attend training is when you are on the out-of-work list.

Para poder prosperar, un trabajador de construcción debe ser experto, seguro y productivo. Gracias a un programa mutuo entre el trabajador y empleador, los trabajadores de la Unión de

Construcción pueden recibir entrenamiento gratis de alta calidad en muchas de las habilidades necesarias en los lugares de trabajo.

El Fondo Fiduciario del Entrenamiento y de la Reinstrucción de los Obreros de Construcción del Norte de California fue creado anteriormente en 1968 para proporcionar este entrenamiento. Fue el primer programa de éste tipo de arte de entrenamiento en la nación. Por cada hora que un obrero trabaja, algunos centavos van a un fondo para cubrir el costo de éste entrenamiento.

Cuando usted se hace miembro de la Unión, usted

recibirá aproximadamente cada tres meses un boletín de noticias en su hogar diciéndole que clases están disponibles. Usted se puede inscribir en estas clases ya sea llamando o visitando las oficinas de su Unión Local.

Todas las clases disponibles son gratis para usted. En hecho, a usted incluso se le pagará \$2 por hora por cada clase que usted atienda, más \$5 por día para cubrir el costo de su transportación al centro de entrenamiento. Usted también recibirá desayuno y almuerzo gratis.



Trainee shows what he learned building an architectural shotcrete retaining wall. (Estudiante muestra la pared retenedora que aprendió a construir en una clase de concreto especializado.)

► See Free Training, Page 2

► Refierase al Entrenamiento Gratis, en la Página 2

TERENCE J. O'SULLIVAN LABORERS' TRAINING CENTER
Schedule of Courses, SAN RAMON CAMPUS (Horario de Clases)
October 4 through December 31, 2004

COURSES	DATES	LENGTH	PREREQUISITE
APPRENTICESHIP Apprenticeship Initial Apprenticeship Follow-Up Apprenticeship Follow-Up Apprenticeship Follow-Up	October 4 - October 15 October 11 - October 22 November 1 - November 12 December 6 - December 17	2 Weeks 2 Weeks 2 Weeks 2 Weeks	Registered Apprentices Registered Apprentices Registered Apprentices Registered Apprentices
CONSTRUCTION Pipe Laying Techniques Asphalt Paving Techniques Concrete Techniques Plaster Tender/Hod Carrier Shotcrete Techniques Fundamentals of Construction Concrete Core Drilling & Saw Cutting Air Track Drilling Basic Air Trac Drilling Orientation	October 11 - October 22 October 18 - October 29 October 25 - November 5 October 25 - November 12 November 8 - November 19 November 22 - December 3 November 22 - November 23 November 22 - December 10 December 27 - December 31	2 Weeks 2 Weeks 2 Weeks 3 Weeks 2 Weeks 2 Weeks 2 Days 3 Weeks 1 Week	N/A N/A N/A N/A N/A N/A N/A N/A N/A
WELDING MIG & TIG Welding Basic Arc Welding Advanced Arc Welding	October 25 - November 5 November 8 - December 17 November 8 - December 17	2 Weeks 6 Weeks 6 Weeks	1000 hours worked 1000 hours worked 2000 hours worked**
SPECIAL Competent Person Confined Space Traffic Control (Spanish) Traffic Control (English) Scaffold User Flagger Certification (Spanish) Flagger Certification (English) First Aid/CPR First Aid/CPR	October 4, December 22 October 5, December 23 October 5, November 2 October 6, December 10 & 23 October 7 October 6, November 3, October 7, December 9, & 20 November 5 & 24 December 15 & 22	1 Day Each 1 Day Each 1 Day Each 1 Day Each 1 Day 1 Day Each 1 Day Each 1 Day Each 1 Day Each	N/A N/A N/A N/A N/A N/A N/A N/A N/A
** Also requires a Basic Welding Certificate from the Laborers' Training Center			



Directions to the San Ramon Training Center:

Take the **ALCOSTA BOULEVARD WEST** exit off Highway 680 (see map at left). After you cross the intersection at San Ramon Valley Boulevard, the road changes to Westside Drive. Stay in the straight-ahead lane and look on your left for the large sign and gate leading to the Training Center. Proceed up the hill to the Administration building (on the left).

Our address is 1001 Westside Drive, San Ramon, California 94583-4098. Our telephone is (925) 828-2513; FAX is (925) 828-6142; E-mail: training@norcalaborers.org.

TERENCE J. O'SULLIVAN LABORERS' TRAINING CENTER
Schedule of Courses, SAN RAMON CAMPUS (Horario de Clases)
October 4 through December 31, 2004

COURSES	DATES	LENGTH	PREREQUISITE
SPECIAL			
Skid-Steer Loader (Bobcat) Orientation	October 4 - October 6	3 Days	Intermediate
Skid-Steer Loader (Bobcat) Orientation	November 29 - December 3	1 Week	N/A
Skid-Steer Loader (Bobcat) Orientation	December 6 - December 8	3 Days	Intermediate
Aerial Work Platforms	October 4 - October 5	2 Days	N/A
Aerial Work Platforms	November 15 - November 16	2 Days	N/A
Aerial Work Platforms	December 13 - December 14	2 Days	N/A
Forklift Certification	October 6 - October 7	2 Days	Experience Required
Forklift Certification	November 17 - November 19	3 Days	Some Experience Required
Forklift Certification	December 16 - December 17	2 Days	Experience Required
Forklift Orientation	December 20 - December 23	4 Days	Beginner
Grade Checking	October 18 - October 22	1 Week	N/A
Refinery Safety (BATC) (English)	October 18	1 Day	N/A
Refinery Safety (BATC) (English)	November 8	1 Day	N/A
Refinery Safety (BATC) (English)	December 27	1 Day	N/A
Fire Watch Safety	November 15	1 Day	N/A
Fire Watch Safety	December 8 & 17	1 Day Each	N/A
Rigging & Signaling	November 29 - December 3	1 Week	N/A
Mine Safety (MSHA) & First Aid/CPR	December 6 - December 10	1 Week	N/A
OSHA 10-Hour Orientation	December 20 - December 21	2 Days	N/A
ENVIRONMENTAL			
Hazardous Waste Re-Certification	October 4, 7, & 15	1 Day Each	Valid Certificate
Hazardous Waste Re-Certification	November 1 & 4	1 Day Each	Valid Certificate
Hazardous Waste Re-Certification	December 27	1 Day	Valid Certificate
Lead Re-Certification (Spanish)	October 4	1 Day	Valid Certificate
Lead Re-Certification (Spanish)	November 2	1 Day	Valid Certificate
Lead Re-Certification (Spanish)	December 28	1 Day	Valid Certificate
Lead Re-Certification (English)	October 6	1 Day	Valid Certificate
Lead Re-Certification (English)	December 30	1 Day	Valid Certificate
Lead Removal (English)	November 29 - December 3	1 Week	N/A
Asbestos Re-Certification (English)	October 5 & November 1	1 Day Each	Valid Certificate
Asbestos Re-Certification (English)	December 29	1 Day	Valid Certificate
Asbestos Re-Certification (Spanish)	October 7 & November 3	1 Day Each	Valid Certificate
Asbestos Re-Certification (Spanish)	December 31	1 Day	Valid Certificate
Asbestos Removal (Spanish)	October 18 - October 22	1 Week	N/A
Asbestos Removal (English)	October 25 - October 29	1 Week	N/A
Asbestos Removal (Spanish)	November 15 - November 19	1 Week	N/A
Asbestos Removal (Spanish)	December 6 - December 10	1 Week	N/A
Asbestos Removal (English)	December 13 - December 17	1 Week	N/A
Mold Remediation	November 4 - November 5	2 Days	N/A
Hazardous Waste Removal	November 8 - November 12	1 Week	200 hours worked
Hazardous Waste Removal	December 20 - December 24	1 Week	200 hours worked

WEST SACRAMENTO CAMPUS ONLY
Schedule of Courses (Horario de Clases)
October 4 through December 31, 2004

COURSES	DATES	LENGTH	PREREQUISITE
CONSTRUCTION Asphalt Paving Techniques	October 25 - November 5	2 Weeks	N/A
SPECIAL Aerial Work Platforms Refinery Safety (BATC) (English) Forklift Certification (English) Forklift Certification (English) OSHA 10-Hour Orientation Competent Person Traffic Control (English) Traffic Control (English) First Aid/CPR Skid-Steer Loader (Bobcat) Skid-Steer Loader (Bobcat) Skid-Steer Loader (Bobcat) Flagger Certification (English) Flagger Certification (Spanish) Rigging & Signaling Fire Watch Safety Grade Checking Hazardous Waste Re-Certification Confined Space Orientation Oxy Torch Cutting Scaffold User Concrete Core Drilling & Saw Cutting Blueprint Reading Basic Air Track Drilling Lead Re-Certification (Spanish) Lead Re-Certification (English) Asbestos Re-Certification (English) Asbestos Re-Certification (Spanish)	October 4-5 & November 22-23 November 29 October 6 - October 7 December 16 October 11-12 & December 6-7 October 13 & November 30 October 14, 22, & November 29 December 9, 17, 23 & 24 Oct. 15, Nov. 24, Dec. 10 & 22 October 18 - October 20 December 27 - December 29 December 15 - December 17 October 21, December 8, 15, 20, 24, 30 November 18 November 8 - November 12 November 9 & December 15 November 15 - November 19 November 16 & 19 November 17 & December 1 December 2 & 21 December 3 December 13 - December 14 December 13 - December 14 December 20 - December 24 December 21 December 23 December 22 December 24	2 Days Each 1 Day 2 Days 1 Day 2 Days Each 1 Day Each 1 Day Each 1 Day Each 1 Day Each 3 Days 3 Days 3 Days 1 Day Each 1 Day 1 Week 1 Day 1 Week 1 Day 1 Day Each 1 Day Each 1 Day 2 Days 2 Days 1 Week 1 Day 1 Day 1 Day 1 Day	N/A N/A Experience Required Experience Required N/A N/A N/A N/A N/A Intermediate Intermediate Intermediate N/A N/A N/A N/A Valid Certificate N/A N/A N/A N/A Valid Certificate Valid Certificate Valid Certificate Valid Certificate



Directions to the West Sacramento Training Center:

Take the **HARBOR BOULEVARD** exit off U.S. 50/Business 80 (see map at left) towards Harbor Boulevard/Port of Sacramento. Continue on Harbor Boulevard for approximately 1/2 mile. At the Industrial Boulevard intersection at the entrance to the Port, make a right and continue a half mile on Industrial. The entrance to the Laborers' Training Center is on your left at a yellow pole gate. Follow the signs to the Administration Building.

Our address is 2901 Industrial Boulevard, West Sacramento, CA 95691-3419. Our telephone number is (916) 375-0191; FAX is (916) 375-0227; E-mail: training@norcalaborers.org.

Apprenticeship Program has a bright future

By Jeff Armstrong, Director of Apprenticeship

Here we grow again! In order to meet the increasing demand for apprentices, the Laborers' Apprenticeship Program now offers the initial two-week class at our new satellite training center in West Sacramento. The apprentices, pictured here with the instructors and Local 185 Business Manager, Doyle Radford, were very appreciative of this new opportunity as they were able to cut their commuting time way down. The class is identical to the one offered in San Ramon and is intended to increase the accessibility of the program. Because of the tremendous potential for growth in the Sacramento and San Joaquin Valleys, as well as Solano County, we expect the new Training Center to be very busy training new apprentices for a career as Construction Craft Laborers.

In other news, we recently reached another milestone by indenturing our 300th apprentice! I want to take this opportunity to thank all the instructors for getting them off on the right foot and the journeymen who are showing the apprentices the ropes at the jobsites. Without your help and guidance, the apprentices would surely not be as successful as they are now. Thank you for your continued support. Speaking of support, a special thanks also needs to go out to the Union Representatives and the office staff members of the locals for their help in dispatching and making the apprentices feel welcome. And, of course, the employers who are hiring the apprentices and allowing

their journeymen to train them and make them feel like valued members of their workforce. We are all partners in this process, and our continuing partnership will surely benefit all who are participating in the program.

The Apprenticeship Program accepts applications year-round and is always looking for motivated individuals to join our ranks. If you know someone who is interested in a career as a Construction Craft Laborer, this is the place to start. Call us at (925) 556-0858 for more information. ■



First Apprenticeship class held in August 2004 at our West Sacramento campus.

Fire Watch training debuts at the Training Center

In response to industry demands, the Laborers' Training Center recently began offering "Fire Watch" training in San Ramon.

"This is a high-quality class that meets all industry regulations for this important skill," said Training Director Vic Macias.

The four-hour class, which is taught by a retired fire chief, covers all aspects of fire safety operations, Hot Work programs and the use of portable fire extinguishers. Fire Watch is required by a number of Cal-OSHA regulations as they pertain to General Industry Safety Orders and Petroleum Industry Safety Orders.

The training includes both classroom instruction and a hands-on training on the use of portable fire extinguishers

to extinguish an actual fire. The first class was done by special request on Aug. 14, and eight members were trained from Local 324.

As defined by the Department of Energy, a Fire Watch worker is "an individual charged with the responsibility to ensure the safety of all immediate personnel and facilities where open flame operations or procedures are occurring."

On the jobsite, Fire Watch Team members are trained in several important areas, including duties and responsibilities, fire hazard recognition, reporting procedures, emergency procedures and site-specific requirements.

For more information on Fire Watch training, contact your Local Union or the Training Center. ■



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Training News

Training News is published quarterly by the Laborers' Training and Retraining Trust Fund for Northern California. It is intended to provide information concerning training for members of the Laborers' International Union of Northern California and signatory contractors. Please submit your comments and/or suggestions by mail to Laborers' Training Center, 1001 Westside Drive, San Ramon, California 94583, or by telephone at (925) 828-2513, or by e-mail to training@norcalaborers.org.

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INSIDE:

- **Free Training for Union Laborers**
Pages 1 & 2
- **Fire Watch training debuts at the Training Center**
Page 3
- **Apprenticeship Program has a bright future**
Page 3
- **Summer course schedules (Horarios de clases)**
Pages 4-5
- **New instructors join the Training Center**
Page 7

Fire safety



As part of the Fire Watch training held in San Ramon, trainees practice the use of portable fire extinguishers to put out a simulated fire.



A trainee nozzleman practices encasing rebar in a structural shotcrete retaining wall. (Estudiante aprende a construir una pared retenedora de concreto especializado.)

There are two training centers where you can attend classes. The main campus is in San Ramon, off the 680 Freeway. A new campus is in West Sacramento, off Interstate 80.

The training you will receive is the best in the construction industry. Your teachers will have many years of experience in construction, are certified, and licensed by the State.

There are strict rules to follow when you attend training. All trainees will be tested for drugs for all classes that are a week long or longer.

Construction Craft Laborers do many different things on a jobsite, so there are also many different types of training classes. General construction classes will include asphalt paving, concrete work, traffic control, flagging, First Aid-CPR, basic construction and Apprenticeship classes. Orientation on some types of equipment, such as skid-steer loaders (Bobcats) and forklifts, is available. Environmental classes, such as lead removal, asbestos removal and hazardous waste, also are offered regularly. Some classes are held in Spanish, and there are always Spanish-speaking people there to help you.

The Laborers' Training & Retraining Trust Fund for Northern California serves 2,500 signatory contractors and 25,000 union members in 46 counties, from Fresno to the Oregon border. Each year about 5,000 Laborers are trained.

There is no charge to attend classes — the costs are covered by the hourly contributions made to the Fund.

For more information about the Laborers' Training Center, contact us at (925) 828-2513, or visit our website at: www.norcalaborers.org and click on the "Training & Apprenticeship" tab to view specific training information. ■

Si usted vive lejos del centro de entrenamiento principal en San Ramon, usted puede vivir gratis en la escuela. Usted también puede recibir subsidios de desempleo mientras que usted atiende clases. Cuando usted termina una clase, usted recibirá un certificado el cual usted puede demostrar a sus patrones para comprobar que usted tiene ciertas habilidades. Cuantas más habilidades usted tenga, más dinero va a poder usted ganar y más tiempo va a permanecer empleado. El mejor tiempo para venir a la escuela es cuando usted está apuntado en la lista de espera de trabajo.

Hay dos centros de entrenamiento donde usted puede atender clases. El centro principal está en San Ramon, cerca de la autopista 680. Otro centro está en la ciudad de Sacramento Del Oeste cerca de la carretera del Estado número 80.

Usted recibirá el mejor entrenamiento de la industria de construcción. Sus maestros poseen muchos años de experiencia en construcción, están certificados y autorizados para enseñar por el Estado de California. Cuando usted atiende el centro de entrenamiento, usted tiene que obedecer reglas estrictas. A todos los estudiantes que atienden clases de una semana o de más tiempo, se les hace un examen de drogas. Si usted no obedece los reglamentos de la escuela, se le pedirá que se regrese a su casa.

Los trabajadores del arte de la construcción hacen muchas diversas tareas en su trabajo, por lo tanto hay muchos tipos diversos de clases de entrenamiento. Las clases generales de construcción incluyen pavimento de asfalto, trabajo de concreto, control de tráfico, entrenamiento para ser abanderado, primeros auxilios, construcción básica y clases de aprendizaje. También ofrecemos orientaciones en algunos tipos de maquinaria, por ejemplo transportadoras de horquilla de monte carga. Clases ambientales tales como disminución de plomo, disminución de asbestos y desechos peligrosos también se ofrecen regularmente. Algunas de las clases se ofrecen en Español y nuestros empleados bilingües están dispuestos a ayudarles.

El Fondo Fiduciario del Entrenamiento y de la Reinstrucción de los Obreros de Construcción del Norte de California sirve a 2,500 contratistas signatarios y a 25,000 miembros de la Unión en 46 condados desde Fresno hasta la frontera de Oregon. Cada año cerca de 5,000 miembros de la Unión atienden la escuela de entrenamiento. Si usted gusta obtener más información acerca del Centro de Entrenamiento, comuníquese directamente al Centro de San Ramon al número (925) 828-2513 o visítenos por medio de la computadora al: www.norcalaborers.org y oprima el título "Entrenamiento y Aprendizaje" para más información acerca de las clases que ofrecemos. ■

New instructors join the Training Center

The three newest instructors at the Laborers' Training Center bring with them decades of experience in construction and a reputation for helping their fellow union members.



Rafael Cerda

Rafael Cerda is well-known to LIUNA members, having been a professional trainer in the areas of Lead and Asbestos abatement, as well as Hazardous Waste. He has been certified to teach by the State of California.

Prior to becoming a trainer, he was a supervisor for several high-profile abatement jobs in the San Francisco Bay area.

"I really enjoy helping our members," Cerda says. "That's what it's all about—helping them learn how to work safely."

Cerda, of San Pablo, is a member of Local 67, and will specialize in environmental remediation classes.



David Petrosky

David Petrosky brings with him more than 20 years experience working as a Plaster Tender/Hod Carrier, as well as vast experience in building and working on different types of scaffolds.

Petrosky, of Visalia, has always had a pride in his work, and tries to instill that in the trainees he encounters.

"I've always liked construction," he says. "I've always appreciated it when I can drive by and see what I worked on. It gives you a sense of pride and satisfaction."

Petrosky, a member of Local 185, will be teaching the three-week Plaster Tender/Hod Carrier class, Scaffold User and other general construction classes.



Mitch Querantes

Mitch Querantes is another Laborers' Training Center's success story, having attended several classes in San Ramon and then working for many years in the field as Laborer and Laborer Foreman.

He now sees his return to the Training Center as an instructor as an opportunity to give something back to the Union.

"What I feel is rewarding is teaching the new generation of Laborers," Querantes says. "When I train some guy who hasn't worked in construction, and they go out in the field and do it, and all of a sudden everything clicks, it's very exciting."

Querantes, of Antioch, is a member of Local 324. ■

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